

PHONE CONSULTATION

Sharon provides case consulting and EFT training via the telephone. Sharon offers training each week and begins a new class when there are between 2 and 4 participants signed up. Please submit your application and you will be notified when the class will start. Or if you know of another counselor who will join you, you can begin your own class at any time.

The group will meet for one hour every other week for an 8-week period. The group needs to be a minimum of two people and a maximum of 4. The cost per person is \$380 for the 4 consultation sessions.

If you are part of a counseling center, you can have the counselors listen in on a speaker-phone while two of the counselors present each week. The cost for this type of consultation is a flat fee of \$200 an hour.

During each consultation, two participants will present a case for review. The case will be discussed and Sharon will give insights & review applicable EFT principles and interventions.

The case presented needs to include:

- i. Transcribed 20-minute segment of a session of a husband and wife emailed to each member of the group
- ii. Completion of the EFT Case Note Form to be submitted to each member of the group
- iii. Completed consent form from each partner in the couple must be sent to Sharon's office prior to the consultation
- iv. The couple needs to complete the full Haven of Safety Relationship Assessment Packet prior to the session you are audio taping and using for your discussion

Pre-requisites:

1. Each participant must have some formal counselor training, or be in an academic school for such. Basic counseling skills are necessary.
2. Each participant must have either listened to Sharon's 6-CD EFT training, or attended a one-day workshop on EFT. A basic understanding of EFT is necessary.
3. Each participant must be using EFT with at least one couple on a regular basis, so to apply the understanding gained.
4. Each participant must have read either "Safe Haven Marriage" or "How to argue so your spouse will listen" by Dr. Sharon (Hart) Morris May *and* must read "Creating Connections" by Susan Johnson.
5. Each participant must have the following consent forms signed and submitted to Sharon before the first consultation.
 - i. Consent to participate in the group consultation
 - ii. Have the couple sign a 'release for taping & use for training' form
 - iii. A signed release form from the couple